



MACHAKOS UNIVERSITY

University Examination For 2021/2022 Academic Year
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

SECOND SEMESTER EXAMINATION FOR BACHELOR OF ARTS

APS 106: INTRODUCTION TO LIFE SPAN DEVELOPMENT

Date:

Time:

INSTRUCTIONS: Answer QUESTION ONE and any other TWO QUESTIONS.

QUESTION ONE (30 MARKS)

- a). Define the following terms as used in personality psychology
- (i) Holistic development (2marks)
 - (ii) Piecemeal development (2marks)
- b) Describe how genes influence one's physical characteristics of behavior. (6 marks).
- c) Explain the Psychoanalytic theory of Sigmund Freud showing how it accounts for development. (10 marks)
- d) Discuss the Psychosocial theory of Erick Erikson in relation to lifespan development. (10 marks)

QUESTION TWO (20 MARKS)

a) Discuss five cognitive changes in adolescence. (10 marks)

b) Giving examples, evaluate peer pressure as a common adolescent problem (10 marks)

QUESTION THREE (20 MARKS)

a) Define Cognitive equilibrium (2 marks)

b) Explain the importance of play in cognitive development (10 marks)

c) Explain the benefit of the church as an agent of socialization. (8 marks)

QUESTION FOUR (20 MARKS)

a) Describe the characteristics and purposes of theories in understanding life span development.
(10marks)

b) Discuss the importance of motor development in humans (10 marks)

QUESTION FIVE (20 MARKS)

a) Explain the principles of life span development. (10 marks)

(b) Discuss the Social learning theory in relation to social development. (10 marks)